



Gynaecology- obstetrics nurse/ Midwife

Description

Midwives are medical professionals who provide gynaecology-obstetrics care; they take care of pregnant women's health during pregnancy, when they give birth, and after birth; they provide support, follow the pregnant and postpartum women, and they provide pregnancy-related education and advice; they also take care about women's health condition, preparations for giving birth, and takes care of the child after birth. Midwives possess specialist knowledge which help them identify possible complications, irregularities in pregnancy, or potential difficulties during labour. They take all preventative and other required measures in different risky situations; they implement statutory and required measures of medical care and care for pregnant and postpartum women and babies. The midwife's job is extremely responsible and demanding because you need extensive knowledge in the area of caring for pregnant and postpartum women and newly-born babies, gynaecology, social medicine, health psychology, as well as knowledge of preventive medicine and the provision of diagnostic/therapeutic measures. When you are doing the midwife's job, you need to work closely with other specialists and doctors involved, so as to ensure full care and protection.

Midwives do their job indoors, i.e., in medical institutions, working in three shifts. Since they are in constant communication with patients, their families and other co-workers, it is very important that they are able to maintain good communication and possess the counselling skills, as well as to be emphatic, approachable, and open. In the unpredicted situations, it is very important to be able to react promptly.

Desirable traits/requirements

- Good communication skills and openness
- Being helpful and focusing on the patient's needs
- Patience and empathy
- Responsibility and conscientiousness
- Preciseness and reliability
- Flexibility and ability to respond promptly
- Teamwork skills

Positive aspects:

- Midwives do a versatile and a beautiful job. Work conditions vary depending on the technical capacity of maternity hospitals and postpartum visiting services. Midwives are in daily contact with patients and they provide necessary care to pregnant women and newly-born babies.

Negative aspects:

- The job of a midwife is extremely responsible. Unpredicted complications and serious cases are sources of stress. Communication with patients can be demanding and exhausting. You work over the weekends and during holidays, as well as the third shift.

Career path/field of work

To do the midwife's job, you need to finish a four-year secondary vocational school.

Midwives, i.e., gynaecology-obstetric nurses, are mainly employed in the hospitals' maternity departments or within the postpartum visiting services of (state-owned or private) medical centres.